



Do not see the test or Laboratory you are looking for?
 Contact ICL Client Care 416.422.3000 x300 or info@ICLabs.ca
Test list and Fees subject to change

Orderable by Ontario ND	ICL Integrative Laboratory Services Menu
--------------------------------	---

Alletess Food Sensitivity - Fingerstick		
√	96 Foods IgG	With Wellness Program
		Fingerstick Blood
√	96 Foods IgG	
		Fingerstick Blood
√	184 Foods IgG	With Wellness Program
		Fingerstick Blood
√	184 Foods IgG	
		Fingerstick Blood
Alletess Food Allergy/Sensitivity - Serum		
√	96 Foods IgG	With Wellness Program
		Blood
√	96 Foods IgG	
		Blood
√	96 Foods IgG & Pediatric 12 IgE	With Wellness Program
		Blood
√	96 Foods IgG & Pediatric 12 IgE	
		Blood
√	96 Foods IgG & 12 Basic IgE	With Wellness Program
		Blood
√	96 Foods IgG & 12 Basic IgE	
		Blood
√	96 Foods IgG & 25 IgE	With Wellness Program
		Blood
√	96 Foods IgG & 25 IgE	
		Blood
√	184 Foods IgG	With Wellness Program
		Blood
√	184 Foods IgG	
		Blood
√	184 Foods IgG & Pediatric 12 IgE	With Wellness Program
		Blood
√	184 Foods IgG & Pediatric 12 IgE	
		Blood
√	184 Foods IgG & 12 Basic IgE	With Wellness Program
		Blood
√	184 Foods IgG & 12 Basic IgE	
		Blood
√	184 Foods IgG & 25 IgE	With Wellness Program
		Blood
√	184 Foods IgG & 25 IgE	
		Blood
√	184 Foods IgA	
		Blood
√	12 Foods Pediatric IgE	
		Blood
√	12 Foods Basic IgE	
		Blood
√	12 ACC (Additives, Colouring, Chemicals) IgE	
		Blood
√	25 Foods IgE	
		Blood
Alletess ELISA Yeast & Intestinal Immunity		
√	Candida Immunoglobulins (IgG, IgA, IgM)	
		Blood
	Candida Immune Complex (CIC)	
		Blood
	Candida Profile	
		Blood
	Intestinal Flora Immunity Panel	
		Blood
	Gastrointestinal Panel	
		Blood
√	Casein/Gluten Screen (IgG & IgA)	
		Blood
√	Protein Sensitivity Panel	
		Blood
	Helicobacter Pylori Antibody	
		Blood
Alletess Inhalant Allergens		
√	Individual Inhalant Allergen IgE	
		Blood
√	5 Mold Panel IgE with Mold Elimination Plan	
		Blood
√	5 Mold Panel IgG with Mold Elimination Plan	
		Blood
√	15 Mold Panel IgE	
		Blood
√	15 Mold Panel IgG	
		Blood
√	15 Mold Panel IgE & IgG	
		Blood
BioHealth Laboratory		
√	Functional Adrenal Stress Profile	
		Saliva
√	Functional Adrenal Cortisol Rhythm	
		Saliva
√	Functional Adrenal Stress Profile plus V	
		Saliva
√	Functional Adrenal Stress Profile plus V with Estrone	
		Saliva
√	Premenopause Hormone Profile	
		Saliva
√	Expanded Premenopause Hormone Profile	
		Saliva
√	Female Hormone Profile	
		Saliva
√	Female Hormone Profile with Estrone	
		Saliva
√	Cortisol	
		Saliva
√	Estradiol	
		Saliva
√	Estriol	
		Saliva
√	Estrone	
		Saliva
√	Melatonin	
		Saliva
√	Progesterone	
		Saliva
√	Testosterone	
		Saliva
√	Estradiol/Testosterone	
		Saliva
√	GI Pathogen Screen	
		Stool
√	GI Pathogen Screen with H. pylori Antigen	
		Stool
√	Ova & Parasites x4	
		Stool
√	Yeast Culture	
		Stool
√	Giardia Antigen	
		Stool
√	Cryptosporidium Antigen	
		Stool
√	Clostridium difficile: Colitis Toxins A & B	
		Stool
√	Helicobacter pylori Stool Antigen	
		Stool



Do not see the test or Laboratory you are looking for?
 Contact ICL Client Care 416.422.3000 x300 or info@ICLabs.ca
Test list and Fees subject to change

**Orderable by
Ontario ND**

ICL Integrative Laboratory Services Menu

Cell Science Systems (ALCAT Testing)		
✓	Platinum Plus	Whole Blood
✓	Platinum Comprehensive	Whole Blood
✓	Comprehensive Wellness 1	Whole Blood
✓	Comprehensive Wellness 2	Whole Blood
✓	Comprehensive Wellness 3	Whole Blood
✓	Herbal Wellness 1- 200 foods, 50 functional foods and medicinal herbs, 20 Additives/Colorings	Whole Blood
✓	Herbal Wellness 2- 150 foods, 50 functional foods and medicinal herbs, 20 Additives/Colorings	Whole Blood
✓	Pediatric Wellness	Whole Blood
✓	Food Panel - 50	Whole Blood
✓	Food Panel - 100	Whole Blood
✓	Food Panel - 150	Whole Blood
✓	Food Panel - 200	Whole Blood
✓	Food Panel - 237	Whole Blood
✓	Vegetarian 150	Whole Blood
✓	Vegetarian 200	Whole Blood
✓	Functional Foods & Medicinal Herbs - 50	Whole Blood
✓	Food Additives/Colorings - 20	Whole Blood
✓	Molds - 21	Whole Blood
✓	Environmental Chemicals - 10	Whole Blood
✓	Preservatives/Expanded Additives - 40	Whole Blood
✓	Antibiotics/Anti-Inflammatory Agents - 20	Whole Blood
✓	Herbs - Female 50	Whole Blood
✓	Herbs - Male 40	Whole Blood
✓	Nutritional Consulting Program	n/a
✓	Meal Plan	n/a
Cleveland HeartLab		
✓	Galectin 3	Blood
✓	Pregnenolone	Blood
Cyrex Laboratories		
✓	Array 2- Intestinal Antigenic Permeability Screen	Blood
✓	Array 3- Wheat/Gluten Proteome Reactivity & Autoimmunity	Blood
✓	Array 4- Gluten-Associated Cross-Reactive Foods & Foods Sensitivity	Blood
✓	Array 5- Multiple Autoimmune Reactivity Screen	Blood
✓	Array 6- Diabetes Autoimmune Reactivity Screen	Blood
✓	Array 7-Neurological Autoimmune Reactivity Screen	Blood
✓	Array 7X-Neurological Autoimmune Reactivity Screen -Expanded	Blood
✓	Array 8- Joint Autoimmune Reactivity Screen	Blood
✓	Array 10- Multiple Food Immune Reactivity Screen 180 antigens	Blood
✓	Array 10-90-Multiple Food Immune Reactivity Screen 90 antigens	Blood
✓	Array 10- 90X Multiple Food Immune Reactivity Screen Add On—Remaining antigens from Array 10 available as an add-on test to the Array 10-90 only.	Blood
✓	Array 10C- Comprehensive Food Immune Reactivity Panel- Consists of Array 3, 4 & 10	Blood
✓	Array 10-90P- Premier Food Immune Reactivity Panel- Consists of Array 3,4, & 10-90	Blood
✓	Array 11- Chemical Immune Reactivity Screen	Blood
✓	Array 20- Blood Brain Barrier Permeability	Blood



Do not see the test or Laboratory you are looking for?
 Contact ICL Client Care 416.422.3000 x300 or info@ICLabs.ca
Test list and Fees subject to change

Orderable by Ontario ND **ICL Integrative Laboratory Services Menu**

Doctor's Data		
✓	Comprehensive Blood Elements Profile (WB + Serum)	Blood
✓	Whole Blood Elements Profile	Blood
✓	Whole Blood Chromium & Vanadium	Blood
✓	Serum Elements Panel	Blood
✓	Red Blood Cell (RBC) Elements Profile	Blood
✓	Plasma Amino Acids	Blood
✓	Plasma Methylation Profile	Blood
✓	Glutathione - Erythrocytes (RBC)	Blood
✓	Fatty Acids - Erythrocytes (RBC)	Blood
✓	Cardiac Risk Profile	Blood
✓	Comprehensive Cardiac Risk Profile	Blood
✓	Oxidized LDL	Blood
✓	Celiac & Gluten Sensitivity, serum	Blood
✓	Celiac & Gluten Sensitivity	Fingerstick Blood
✓	DNA Methylation	Fingerstick Blood
✓	Vitamin D	Fingerstick Blood
✓	Hair Elements Panel	Hair
✓	Hair Toxic Element Exposure Profile	Hair
✓	Fecal Heavy Metals Panel	Stool
✓	Parasitology X1	Stool
✓	Parasitology X2	Stool
✓	Parasitology X3	Stool
✓	Comprehensive Parasitology x1	Stool
✓	Comprehensive Parasitology x2	Stool
✓	Comprehensive Parasitology x3	Stool
✓	Comprehensive Stool Analysis	Stool
✓	Comprehensive Stool Analysis w/Parasitology x1	Stool
✓	Comprehensive Stool Analysis w/Parasitology x2	Stool
✓	Comprehensive Stool Analysis w/Parasitology x3	Stool
✓	Macroscopic Exam	Stool
✓	Bacteriology Culture	Stool
✓	Microbiology Profile	Stool
✓	Yeast Culture	Stool
✓	H. Pylori Antigen	Stool
✓	Toxigenic C. diff Culture	Stool
✓	Toxigenic C. Difficile DNA	Stool
✓	Secretory IgA	Stool
✓	Shiga Toxins	Stool
✓	Comprehensive Clostridium Culture	Stool
✓	GI Pathogen Profile	Stool
✓	DNA Oxidative Damage Assay	Urine
✓	Hepatic Detox Profile	Urine
✓	Urine Amino Acids (24 hour)	Urine
✓	Urine Amino Acids (First morning void)	Urine
✓	Urine Fluoride	Urine
✓	Urine Halides	Urine
✓	Urine Halides: Pre & Post Loading	Urine
✓	Urine Iodine (24 hour)	Urine
✓	Urine Iodine (Random)	Urine
✓	Urine Iodine: Pre & Post Loading	Urine
✓	Urine Mercury	Urine
✓	Urine Porphyrins	Urine
✓	Urine Essential Elements	Urine
✓	Urine Toxic & Essential Elements Panel	Urine
✓	Urine Toxic Metals Panel	Urine
✓	Creatinine Clearance	Urine + Blood



Do not see the test or Laboratory you are looking for?
 Contact ICL Client Care 416.422.3000 x300 or info@ICLabs.ca
Test list and Fees subject to change

Orderable by Ontario ND	ICL Integrative Laboratory Services Menu
--------------------------------	---

Fluids iQ		
✓	Diurnal Cortisol (Cx4)	Saliva
✓	Adrenal Check (Cx4, DHEA-S)	Saliva
✓	Female Wellness (C,DHEA-S, E2, Pg, T)	Saliva
✓	Female Wellness Plus (Cx2, DHEA-S, E2, Pg, T)	Saliva
✓	Female Wellness Daily Cycle (Cx4, DHEA-S, E2, Pg,T)	Saliva
✓	Male Wellness (C, DHEA-S, E2, T)	Saliva
✓	Male Wellness Plus (Cx2, DHEA-S, E2,T)	Saliva
✓	Male Wellness Daily Cycle (Cx4, DHEA-S, E2, T)	Saliva
✓	Cortisol	Saliva
✓	DHEA-S	Saliva
✓	Estradiol	Saliva
✓	Progesterone	Saliva
✓	Testosterone	Saliva
✓	Melatonin	Saliva
✓	Circadian Melatonin (Mx2)	Saliva
IGeneX		
✓	Basic Lyme Panel	Blood
Labrix		
✓	5α-dihydrotestosterone (DHT)	Saliva
✓	Cortisol	Saliva
✓	Dehydroepiandrosterone sulphate (DHEAS)	Saliva
✓	Estradiol	Saliva
✓	Estriol	Saliva
✓	Estrone	Saliva
✓	Progesterone	Saliva
✓	Testosterone	Saliva
✓	Two Hormones	Saliva
✓	Three Hormones	Saliva
✓	Cortisol Panel (Cx4)	Saliva
✓	Basic Panel (E2,P,T,D,C am)	Saliva
✓	Short Comprehensive (E2,P,T,D,C am&pm)	Saliva
✓	Comprehensive Panel (E2,P,T,D,Cx4)	Saliva
✓	Comprehensive Panel Plus (E1,E2,E3,P,T,Cx4)	Saliva
✓	Melatonin (M x 3)	Saliva
✓	Melatonin (M x 3) when added to any panel	Saliva
Mayo Medical Laboratories		
✓	Lyme Disease Antibodies Screen & Immunoblot	Blood
Meridian Valley Lab		
✓	E-95 Basic Food Panel (95 Allergens)	Blood
✓	A-95 Extended Food Panel (95 Allergens)	Blood
✓	Combo E-95 & A-95 Panel (190 Allergens)	Blood
✓	FoodSafe Bloodspot Panel	Fingerstick Blood
✓	Thyroid Panel (TSH,T3,FT3,T4,FT4, rT3)	Blood
✓	Thyroid Evaluation Panel (TSH, FT3, FT4, rt3, TAB)	Blood
✓	Thyroid Complete (TSH, T3, FT3, T4, FT4, rT3, TAB)	Blood
✓	rT3	Blood
✓	Comprehensive Hormones ULTIMATE	24 hr Urine
✓	ComprehensivePLUS Hormones	24 hr Urine
✓	ComprehensivePLUS w/ Oxytocin	24 hr Urine
✓	ComprehensivePLUS w/ Melatonin	24 hr Urine
✓	ComprehensivePLUS w/ hGH	24 hr Urine
✓	Comprehensive Profile	24 hr Urine
✓	Adrenal Profile	24 hr Urine
✓	Sex Hormone Profile	24 hr Urine
✓	Estrogen Profile	24 hr Urine



Do not see the test or Laboratory you are looking for?
 Contact ICL Client Care 416.422.3000 x300 or info@ICLabs.ca
Test list and Fees subject to change

Orderable by Ontario ND **ICL Integrative Laboratory Services Menu**

National College of Natural Medicine (NCNM)		
√	SIBO - Hydrogen Breath Test -Kit Only (without lactulose)	Kit
√	SIBO - Hydrogen Breath Test- (requires kit purchase first)	Breath
SpectraCell Laboratories		
	Lipoprotein Particle Testing	Blood
	Micronutrient Testing	Blood
	MTHFR Genotyping	Blood
Stero-Chrom		
√	Adrenal Stress Panel (PLUS)	Saliva
√	Adrenal Stress Panel (INDEX)	Saliva
√	Multi-day Extended Adrenal Stress Panel	Saliva
√	Female Hormone Panel	Saliva
√	Multi-sample Female Hormone Panel	Saliva
√	Multi-sample Female Hormone Panel (PLUS)	Saliva
√	Male Hormone Panel	Saliva
√	Multi-sample Male Hormone Panel (PLUS)	Saliva
√	Pre-Menopausal (Full Cycle) Panel	Saliva
√	Single hormones added to Panels	Saliva
√	Individual Hormones (minimum 2)	Saliva
√	3 Hormones	Saliva
√	4 Hormones	Saliva
√	92 Food IgG Panel	Blood spot or serum
√	95 Food IgG Panel	Blood spot or serum
√	45 Food IgG Panel	Blood spot or serum
√	10 Food Flexible	Blood spot or serum
√	each Addition to 10 Food Flexible (up to 20)	Blood spot or serum
√	Gluten sensitivity Panel	Blood spot or serum
The Great Plains Laboratory		
√	Organic Acid Test (75 Markers)	Urine
√	Microbial Organic Acid test (20 Markers)	Urine
√	Serum IgG Food Allergy with Candida	Serum
√	IgG Food Allergy with Candida	Fingerstick Blood
ICL NETWORK LABORATORIES		
Cardiac Health Assessment		
√	Apolipoprotein A	Blood
√	Apolipoprotein B	Blood
√	C-Reactive Protein (CRP) - High Sensitivity	Blood
√	Creatine Phosphokinase (Creatinine Kinase)	Blood
√	Digoxin (Digitalis purpurea)	Blood
√	Homocysteine	Blood
	Lipoprotein a	Blood
√	Natriuretic Peptide – Brain (NT-Pro-BNP)	Blood
	Omega-3	Blood



Do not see the test or Laboratory you are looking for?
 Contact ICL Client Care 416.422.3000 x300 or info@ICLabs.ca
Test list and Fees subject to change

Orderable by Ontario ND **ICL Integrative Laboratory Services Menu**

Comprehensive Wellness Assessment		
✓	Alanine Aminotransferase (ALT)	Blood
	Albumin (Quantitative)	Blood
✓	Ammonia	Blood
✓	Amylase	Blood
✓	Aspartate Aminotransferase (AST)	Blood
✓	Bilirubin (Conjugated, Direct)	Blood
✓	Bilirubin (Total)	Blood
✓	Blood Urea Nitrogen (Urea)	Blood
✓	CA 15-3	Blood
✓	CA-125	Blood
✓	Calcium, Ionized	Blood
✓	Calcium, Total	Blood
✓	Carcinoembryonic Antigen (CEA)	Blood
✓	Cholinesterase	Blood
✓	Complete Blood Count (CBC)	Blood
✓	Creatinine (and calculated eGFR)	Blood
✓	Cystatin C	Blood
✓	Electrolytes (Na, K & Cl; Sodium, Potassium & Chloride)	Blood
✓	Ferritin	Blood
✓	Fibrinogen	Blood
✓	Fluoride	Blood
✓	Folate (RBC)	Blood
✓	Folate (Serum)	Blood
✓	Gamma-glutamyl Transferase (GGT) / GG transpeptidase (GGTP)	Blood
✓	Glucose 6 Phosphate Dehydrogenase (G6PD)	Blood
✓	Hemoglobin A1c (HbA1c)	Blood
	HPV (Detection & Genotype)	Blood
✓	Lactate (D-Lactic Acid)	Blood
✓	Lactate (L-Lactic Acid)	Blood
✓	LDH (Lactate Dehydrogenase)	Blood
✓	Lipase	Blood
✓	Lipid Assessment Panel (HDL, LDL, Triglycerides & Cholesterol)	Blood
✓	Mononuclear Heterophile Antibodies (Monospot)	Blood
✓	Phosphatase, Alkaline (ALP)	Blood
✓	Protein Electrophoresis (incl. Total protein)	Blood
✓	PSA - Free, Total and Ratio	Blood
✓	PSA - Total (Prostate Specific Antigen)	Blood
✓	Transferrin	Blood
✓	Uric Acid	Blood
✓	Calprotectin Fecal	Stool
✓	Elastase	Stool
✓	Fecal Fat	Stool
✓	Calcium	Urine
✓	Urinalysis (Macroscopic only)	Urine
✓	Uric Acid	Urine



Do not see the test or Laboratory you are looking for?
 Contact ICL Client Care 416.422.3000 x300 or info@ICLabs.ca
Test list and Fees subject to change

Orderable by Ontario ND **ICL Integrative Laboratory Services Menu**

Hormone/Fertility Assessment		
✓	17-OH-Progesterone	Blood
✓	5-α-Dihydrotestosterone (DHT)	Blood
✓	Adrenocorticotrophic Hormone (ACTH)	Blood
✓	Aldosterone	Blood
✓	Androstenedione	Blood
✓	Anti-Mullerian Hormone	Blood
✓	Cortisol	Blood
✓	C-Peptide	Blood
✓	Dehydroepiandrosterone Sulfate (DHEAS)	Blood
✓	Estradiol (E2)	Blood
✓	Estriol (E3)	Blood
✓	Estrone (E1)	Blood
✓	Follicle Stimulating Hormone (FSH)	Blood
✓	Insulin	Blood
✓	Insulin Like Growth Factor 1	Blood
✓	Leptin	Blood
✓	Luteinizing Hormone (LH)	Blood
✓	Parathyroid Hormone (PTH)	Blood
✓	Progesterone	Blood
✓	Prolactin	Blood
✓	Sex Hormone Binding Globulin (SHBG)	Blood
✓	Testosterone - Free (Bioavailable)	Blood
✓	Testosterone - Total	Blood
✓	Aldosterone	Urine
✓	Cortisol	Urine
Immunology Assessment		
✓	Celiac 3 Panel (Deamidated Gliadin IgA & IgG; Tissue Transglutaminase IgA)	Blood
✓	Celiac 4 Panel (Deamidated Gliadin IgA & IgG; Tissue Transglutaminase IgA & IgG)	Blood
✓	Endomysial Antibody	Blood
✓	Gliadin Antibodies IgG and IgA	Blood
✓	Deamidated Gliadin Antibodies	Blood
✓	Reticulin Antibodies	Blood
✓	Transglutaminase IgA Antibody	Blood
✓	Anti-Nuclear Antibodies (ANA)	Blood
✓	Anti-Parietal Cell Antibody	Blood
✓	Complement C3 (B1C)	Blood
✓	Complement C4 (B1E)	Blood
✓	Histocompatibility Testing - HLA B27	Blood
✓	Immunoglobulins (Panel: IgA, IgG, IgM)	Blood
✓	Islet Cell Cytoplasmic Antibody	Blood
✓	Rheumatoid factor	Blood



Do not see the test or Laboratory you are looking for?
 Contact ICL Client Care 416.422.3000 x300 or info@ICLabs.ca
Test list and Fees subject to change

**Orderable by
 Ontario ND**

ICL Integrative Laboratory Services Menu

Nutritional Assessment		
✓	Beta Carotene	Blood
✓	Ceruloplasmin	Blood
✓	Coenzyme Q10	Blood
✓	Copper	Blood
✓	Free Fatty Acids	Blood
✓	Intrinsic Factor Blocking Antibody	Blood
✓	Iron (Total and % Saturation)	Blood
✓	Lead	Blood
✓	Magnesium	Blood
✓	Magnesium, RBC	Blood
✓	Mercury	Blood
✓	Phosphorus (Inorganic Phosphate)	Blood
✓	Protein	Blood
✓	Vitamin A (Retinol)	Blood
✓	Vitamin B1	Blood
✓	Vitamin B12	Blood
✓	Vitamin B6	Blood
✓	Vitamin C (Ascorbic Acid)	Blood
✓	Vitamin D (1,25 Dihydroxy)	Blood
✓	Vitamin D (25-Hydroxy)	Blood
✓	Vitamin E (Alpha Tocopherol)	Blood
✓	Trace Minerals (Various)	Blood
✓	Cadmium	Urine
✓	Cobalt	Urine
✓	Copper	Urine
✓	Lead	Urine
✓	Manganese	Urine
✓	Mercury	Urine
✓	Selenium	Urine
✓	Zinc	Urine
Thyroid Assessment		
✓	Free Thyroxine (Free T4)	Blood
✓	Free Triiodothyronine (Free T3)	Blood
✓	Reverse T3	Blood
✓	Thyroglobulin	Blood
✓	Thyroid Stimulating Hormone (TSH)	Blood
✓	Thyroid Peroxidase Antibodies (Anti-TPO)	Blood
✓	Thyroid Stimulating Immunoglobulin (TSI)	Blood
Tests Performed on Tissue/Discharge/Sputum		
✓	Culture-Throat swab for streptococcus screen only	Throat Secretions
✓	Culture and sensitivities (other swabs or pus – culture and smear [includes screening]).	Secretion/Discharge
✓	Culture and sensitivities (sputum – culture and smear).	Sputum
✓	Nail and skin cultures	Tissue
✓	Nasal swabs (other swabs or pus – culture and smear [includes screening]).	Secretion/Discharge
✓	Pap smear (smear only, gram or Papanicolaou stain as sole procedure).	Cervical Scraping
✓	Seminal fluid examination	Discharge