



**Memo No.** ILS-2016-012  
**Date:** June 17, 2016  
**Memo To:** Naturopathic Clients  
**Re:** **Bio Health Laboratory SIBO Hydrogen Breath Test**

---

ICL is pleased to announce Bio Health Laboratory has released a 3-hour breath testing for small intestinal bacterial overgrowth (SIBO). The Hydrogen/Methane breath test is a reliable and convenient method to help in assessing and classifying dysbiosis and SIBO.

The test requires 10 grams of lactulose (ie.15 mL of the standard 667 mg/ per mL strength) prior to the patient collecting 10 breath samples using the EasySampler™ Breath Test Kit. Lactulose can be obtained from your pharmacy.

Please use our updated Supplies Request Form or contact **ICL Client Care** at [info@iclabs.ca](mailto:info@iclabs.ca) for collection kits.

For further Information please see Bio Health SIBO Breath Test 900 document attached or visit:  
<http://biohealthlab.com/test-menu/small-intestinal-bacterial-overgrowth-sibo-900/>

If you have any questions regarding **ICL Integrative Laboratory Services**, please contact **ICL Client Care Team, 416-422-3000 ext. 300, Toll Free: 1-888-285-7817 ext. 300** or email [info@iclabs.ca](mailto:info@iclabs.ca)

***ICL Integrative Laboratory Services, working together for your laboratory service needs!***